

## **Acupuncture Practitioner Training** **Course Prospectus**

**Commencing: January 13th, 2024**

<b>School Name:</b>	The Kildare School of Acupuncture (KSA)
<b>Course Name:</b>	The Art of Acupuncture
<b>Venue:</b>	The Treatment Room, Unit G13, Maynooth Business Campus, Maynooth, Co. Kildare
<b>Qualification Offered:</b>	A Diploma in the Practice of TCM Acupuncture
<b>Course Duration:</b>	5 Years, Part-time
<b>Academic Year:</b>	January to November, annually

**Frequency of Lectures:** Two lectures will be provided monthly, each held on Saturdays, from 10am to 4.30pm. This will amount to a total of 18 lectures per year. Please note, July, August & December will not feature lectures, so as participants can enjoy a nice Summer and Christmas break.

**Can the course be attended online via Zoom?** Yes, with the exception of certain vital practical aspects of the course, aspects which shall require compulsory in-person attendance. Such examples include; needle insertion technique, needle safety, including safe disposal of same, palpation skills, pulse diagnosis, manual handling demonstrations and more.

**Lunch & Breaks:** Lunch will be from 1pm to 2pm each Saturday, and there will also be two separate and additional 15 minutes breaks throughout the day, in order to keep students fresh.

**Annual Course Fee:** €2,500\* per student, per academic year. \*Flexible payment plans are available.

**The Kildare School of Acupuncture is accredited by The Irish T'ai Chi Chuan Association (ITCCA) & by Huanying Holistics. It is also insured & underwritten by Brian Mullins Insurance Brokers.**

## **Syllabus Overview**

This course is based on the principles of Traditional Chinese Medicine, and it will be delivered in a professional classroom setting.

## **Syllabus Outline**

- What is Acupuncture & how does it work?
- Meridians & Channels – Pathways of energy
- What is an Acupuncture point?
- Self-care
- Viewing your clinical practice as a balanced business model
- What is healing?
- How do we heal with Acupuncture?
- What is Qi/Chi
- Feeling Qi/Chi
- TCM (Traditional Chinese Medicine) Five Element Theory
- Our Organ Functions, according to Chinese Medicine
- TCM Diagnostic Skills
- Causes of disease, according to Chinese Medicine
- Learning to identify patterns of disharmony & disease in the body
- Locating, pairing & awakening Acupuncture points
- Learning to really listen to and deeply observe the Client
- The Power of Intention when needling Acu-points
- Anatomy & Physiology
- Underlying Principles of Traditional Chinese Medicine
- Taoist Philosophy
- Protection for the Practitioner
- Know your role – The unspoken (TCM) contract between patient & practitioner
- Contraindications
- Self-care - again
- Ethics & best practice
- Ear Candling
- Facial Acupuncture
- Cupping
- Chi Kung



# THE KILDARE SCHOOL OF ACUPUNCTURE

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Courthouse Square, Straffan Road, Maynooth, Co. Kildare.  
Tel: 086 879 0534. Web: [www.treatmentroom.ie](http://www.treatmentroom.ie). Email: [chris@treatmentroom.ie](mailto:chris@treatmentroom.ie)

## **Goals of the Kildare School of Acupuncture:**

- To teach Acupuncture in a safe & responsible manner which honours TCM traditions
- To encourage sustainable personal growth & learning in our students
- To teach self care techniques which empower our students
- To teach in an enjoyable, professional and fun manner

## **The advantages of Undertaking a 5 Year Part-Time Course:**

- More time to enjoy a relaxed pace of learning
- More time for absorption & digestion of information
- More time to build confidence levels
- More time for maturing as a Practitioner
- More time for maturing & developing as a Person

## **Teaching Method:**

- Lectures, demonstrations, and supervised practice.

## **Modes of Assessment:**

- Annual end of term written exam
- Practical assessments i.e. Demonstrations of skills
- 30 Case Studies, over years 3, 4 & 5 only


## **Course dates 2024/25:**

The course will be taught over 18 Saturdays per year

January 13<sup>th</sup>  
January 27<sup>th</sup>

February 10<sup>th</sup>  
February 24<sup>th</sup>

March 9<sup>th</sup>  
March 23<sup>rd</sup>



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April 6<sup>th</sup>  
April 20<sup>th</sup>

May 11<sup>th</sup>  
May 25<sup>th</sup>

June 8<sup>th</sup>  
June 22<sup>nd</sup>

September 7<sup>th</sup>  
September 21<sup>st</sup>

October 5<sup>th</sup>  
October 19<sup>th</sup>

November 2<sup>nd</sup>  
November 16<sup>th</sup>

To discuss taking this course please contact Chris McMahon by email at [chris@treatmentroom.ie](mailto:chris@treatmentroom.ie) or call 086 8790534. Please note a non-refundable deposit of €250 is required to secure your place.

**Recommended Reading List:**

- Search on 'You Tube' for anything by "Alan Watts
- Trail Guide to the Body, by Andrew Biel (Books of Discovery)
- Anatomy & Physiology - Ross & Wilson (Elsevier Churchill Livingstone)
- The Anatomy Colouring Book (by Wynn Kapit & Lawrence Elson)
- Between Heaven & Earth, by E. Korngold & H. Beinfield (Ballantine)
- The Web That Has No Weaver – Ted Kaptchuk (McGraw-Hill)
- The Foundations of Chinese Medicine, by Giovanni Maciocia (Elsevier Churchill Livingstone)